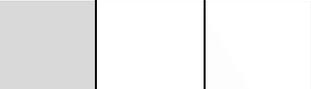


Overview R.S.H.E. Termly Units

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1	Respect/Cooperation	Respect	Cooperation	Reflect	Communication	Reasoning
	<p>How do we decide how to behave?</p> <ul style="list-style-type: none"> -class rules - respecting others needs - behave - listening - bodies hurt <p>Environment covered through forest school all year. How to look after our local area?</p>	<p>What makes us special?</p> <ul style="list-style-type: none"> -respecting - similarities and differences - special people - everyone unique 	<p>How do we feel?</p> <ul style="list-style-type: none"> - different kinds of feelings -sharing feelings - manage change 	<p>How do we keep safe and healthy?</p> <ul style="list-style-type: none"> -healthy bodies need physical activity, sleep, rest and healthy food -personal hygiene -safe use of medicines and household products -ask for help when needed 	<p>When it is right to keep a secret?</p> <ul style="list-style-type: none"> -keeping secrets -what to do when secrets make us feel uncomfortable, scared or afraid 	<p>What can we do with money?</p> <ul style="list-style-type: none"> -where is money from -used for -spending/saving -keeping money safe
2	Respect/Cooperation	Respect	Reflect /Reasoning	Reflect / Resilience	Communication	Curiosity
	<p>How can we help?</p> <ul style="list-style-type: none"> -rules and their importance - respecting rights at school and in our community - privacy - environment 	<p>What is bullying?</p> <ul style="list-style-type: none"> -play cooperatively -hurtful teasing is wrong - what to do about bullying - unsafe secrets - what to do with inappropriate touching 	<p>How can we be healthy?</p> <ul style="list-style-type: none"> -things that keep minds and body healthy - healthy choices - spending money on appropriate things (not too many sweets) -saving money 	<p>What makes us unique?</p> <ul style="list-style-type: none"> -what we are good at - setting ourselves goals as we grow we change and become independent - belonging to different groups, respecting similarities, and differences -family give us security -recognise different families 	<p>Why is it important to show our feelings?</p> <ul style="list-style-type: none"> -recognising different kinds of feelings - feelings can be hurt - recognising how others are feeling -managing feelings 	<p>How do we stay safe everywhere?</p> <ul style="list-style-type: none"> -on line - community - who to ask for help - emergencies

Overview R.S.H.E. Termly Units

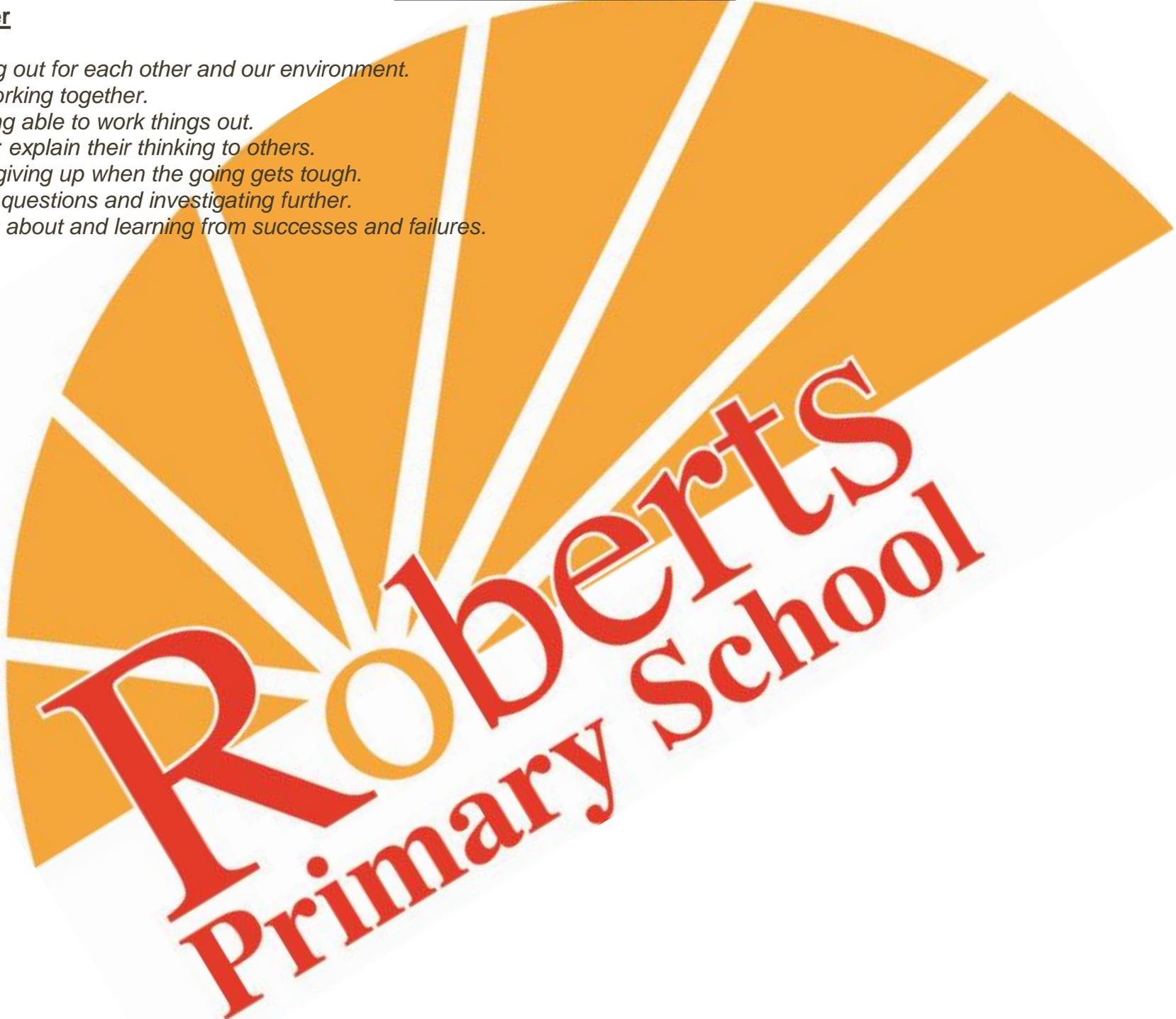
3	Respect / Cooperation	Cooperation	Resilience	Communication/ Reflect	Respect/ Cooperation	Curiosity
	<p>Why do we have rules?</p> <ul style="list-style-type: none"> -importance of school rules for health and safety -respond to adults encountered - class and group rules - responsibilities, right and duties at home and at school -help in an emergency - community and environmental 	<p>How do we build a positive relationship?</p> <ul style="list-style-type: none"> -inappropriate touch -playing cooperatively - doing something about bullying - impact of bullying - positive relationships (friends /family) 	<p>How can we maintain a healthy body and mind?</p> <ul style="list-style-type: none"> -balanced diet - making choices about food - habit and how to change habits 	<p>Is sharing your feelings always healthy?</p> <ul style="list-style-type: none"> - different types of behaviour show how people feel - a range of feelings - confusing feelings - describing feelings 	<p>Why is it important for everyone to have a voice?</p> <ul style="list-style-type: none"> -setting targets -sharing thoughts and opinions - respect - similarities and differences 	<p>How can we show charity?</p> <ul style="list-style-type: none"> -why we support charity - saving money and using a bank
						
4	Respect/Communication	Cooperation	Reflect/Resilience	Communication	Curious	Reflect/Reasoning
	<p>How can we be a good friend?</p> <ul style="list-style-type: none"> -solving disputes and conflicts -acceptable physical contact - negotiation and compromise - secret/confidentiality - managing dares 	<p>How can we embrace our differences?</p> <ul style="list-style-type: none"> -debating issues - appreciating differences - differences and diversity - value customs around the world 	<p>How can we choose a healthy lifestyle?</p> <ul style="list-style-type: none"> -make choices for health -too much screen time - medicines, caffeine, alcohol, tobacco - how the spread of infection can be prevented -oral hygiene 	<p>Who helps us to keep safe?</p> <ul style="list-style-type: none"> -local environment/ bike/ rail/ water/ fire - first aid -family and where to go for help if unhappy 	<p>What does the future hold for you?</p> <ul style="list-style-type: none"> -personal target for future - changes due to puberty (sweating etc.) (Nurse) - Online images 	<p>How are we custodians of our world?</p> <ul style="list-style-type: none"> -resources - economic changes - sustainability -money
						

Overview R.S.H.E. Termly Units

5	Reflect/Cooperation	Curious/ Respect	Reflect/Resilience	Curious	Reasoning	Communication
	<p>How could you be affected by discrimination?</p> <ul style="list-style-type: none"> -how you behave can affect you and others - valuing differences - ability to raise concerns, challenges and points of view 	<p>How is our behaviour influenced by society?</p> <ul style="list-style-type: none"> -mobile phone -society rules - anti-social behaviour, impact and dealing with it - making appropriate decisions 	<p>How do we keep a positive and a healthy mind?</p> <ul style="list-style-type: none"> -negative/positive emotions affecting health and well-being - healthy choices contribute to healthy lifestyle including food - leisure time - time for yourself - personal perspective conscience etc. 	<p>How do we grow and change?</p> <ul style="list-style-type: none"> -personal goals and aspirations -physical and emotional changes and how to deal with them - (My Mate Fancies You) 	<p>Why do people struggle in our community?</p> <ul style="list-style-type: none"> -everyone's responsibility in the community family/wider family/local - who might help me if struggling - teachers, police, child-line, Samaritans, churches, charities 	<p>How does advertising influence our lives?</p> <ul style="list-style-type: none"> - critical consumer - stereotypes/images - loans/debt - contribute towards paying for their own things - gambling
6	Curious	Communication	Respect/Resilience	Cooperation	Reflect	Reasoning
	<p>What rights do you have?</p> <ul style="list-style-type: none"> -class discussions and debates, looking at the importance of human rights - rights of the child from UN declaration 	<p>Are things always what they seem?</p> <ul style="list-style-type: none"> -distorting reality - body image/expectations - body enhancing drugs - slimming pills - peer pressure -county lines -Who would you go to for help? 	<p>What makes a healthy relationship?</p> <ul style="list-style-type: none"> -different types friends, family, couples - marriage/civil partnership -commitment -skills to maintain positive relationship - recognise when it is unhealthy (controlling) - confidentiality, but recognise when it is necessary to break -arranged marriage if agreed, forced illegal -personal boundaries and the right to privacy 	<p>How can we make a difference?</p> <ul style="list-style-type: none"> -how resources are allocated, and effect has on the environment Fairtrade/McDonalds 	<p>What does it mean to be you?</p> <ul style="list-style-type: none"> -stereotypes -sexual orientation, gender identity -prejudice - coping with discrimination with you or your family differences - challenging points of view 	<p>What makes us enterprising?</p> <ul style="list-style-type: none"> - high expectations - growth mind-set - what enterprise means for work and society - future careers -qualities you would need for different jobs -personal goals and achievements

Roberts Charter

- *Respect; looking out for each other and our environment.*
- *Cooperation; working together.*
- *Reasoning; being able to work things out.*
- *Communication; explain their thinking to others.*
- *Resilience; not giving up when the going gets tough.*
- *Curious; asking questions and investigating further.*
- *Reflect; thinking about and learning from successes and failures.*

A large, stylized sunburst logo in orange and yellow, with the text "Roberts Primary School" written across it in a red, serif font.

Roberts
Primary School